

Beacon of Hope Support Services, LLC presents:

AMANI RESIDENT WELL-BEING **GETTING TO KNOW YOURSELF**

Practice Self Empowerment, Healing + Body Positivity!

WHEN: Mondays in October, 5:30-7pm

WHERE: 2470 W. Locust Street

MORE: Free meal and raffle each week!

Join us for a different topic each week in October:

SESSION 1: OCT. 7

What is domestic violence?

SESSION 2: OCT. 14

Get to know yourself inside

SESSION 3: OCT. 21

Healing treatments & meditation

SESSION 4: OCT. 28

Learn about body positivity

For more info, email liz@dominican-center.org or visit <https://beaconofhopealways.org>



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OF HOPE**
SUPPORT SERVICES, LLC



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