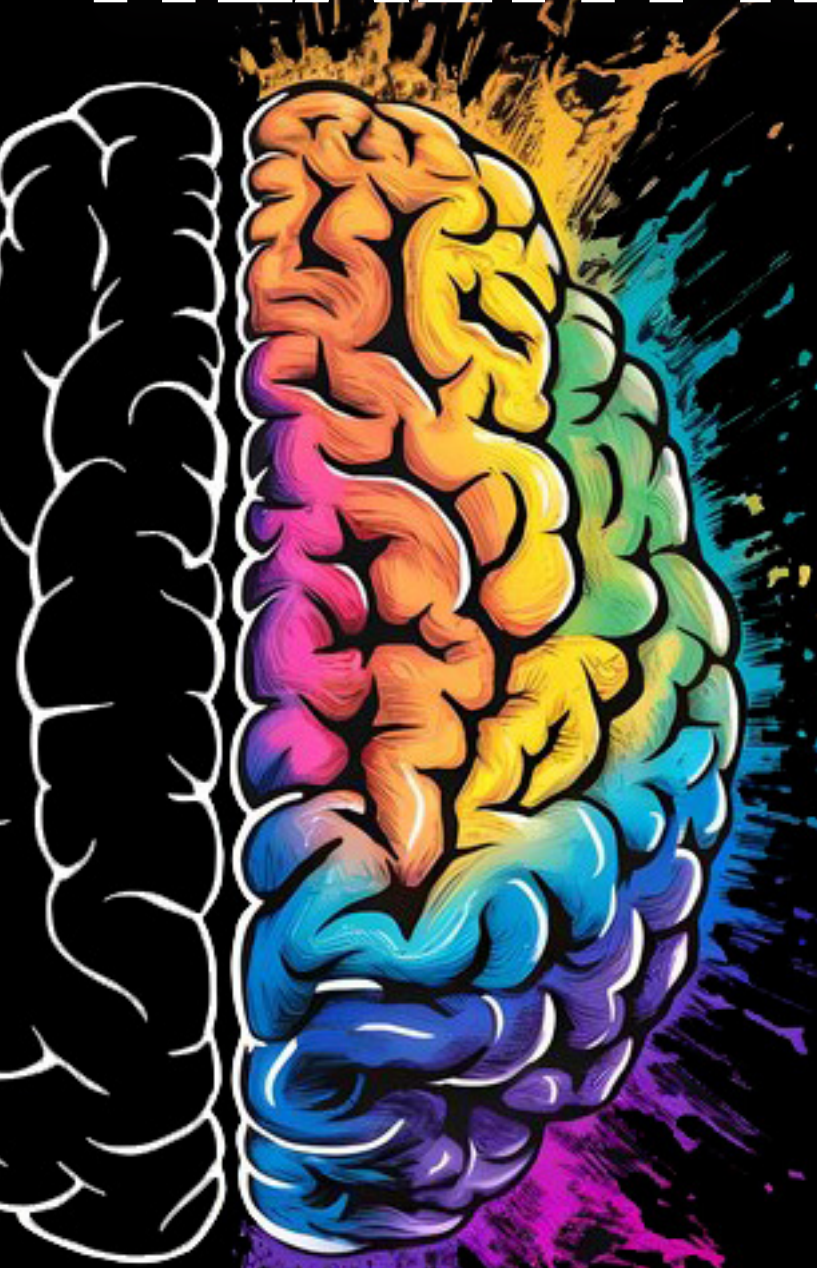


AMANI RESIDENT  
WELL-BEING

# MENTAL HEALTH MONDAYS



**WHAT:** Explore mental health topics with doctors and experts in the mental health field. We'll work to demystify common mental health conditions and we'll learn about mental health first aid.

**WHEN:** Mondays in September – Sept. 9, Sept. 16 and Sept. 23

**TIME:** 5:30-7pm

**WHERE:** Dominican Center, 2470 W. Locust St., Milwaukee

**MORE:** Light meal and refreshments. Attendees will receive a mental health wellness pack filled with wellbeing gifts



*DR. ANGELA GABLEMAN will present Mental Health Mondays and will bring mental health experts to speak on each topic.*

For more info, email [Angela.Gableman@aah.org](mailto:Angela.Gableman@aah.org)



SCAN CODE  
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