



THE FRIENDS OF MOODY PARK PRESENTS

AMANI YOUTH COUNCIL'S

SOUND BATHS

FACILITATED BY CAMILLE MAYS

A Sound Bath is an immersive, full-body listening experience that uses sound to invite gentle yet powerful therapeutic and restorative processes to
NURTURE YOUR MIND & BODY.

WHEN: March-August, every 2nd and last Saturday of the month.

TIME: 10-11am

WHERE: Moody Park Pavilion, 2201 W Auer Ave, Milwaukee, WI 53206



Amani
Youth Council

For more information, contact
the Amani Youth Council at
amaniyouthcouncil@gmail.com